

HCC HANDBOOK 2021-2022



www.hunterscheer.com

Welcome!

Thank you for your interest in our 2021-2022 Hunters Competitive Cheer Program. We are very excited to begin Season 4 in our program with new and exciting events coming! Our program has been very stable within our community with a reputation of being competitive, award winning choreographed routines, well organized, and consistent coaching staff.

We are very excited you are considering being a part of our cheer family here at HCC. Our mission is to build strong, self-confident, self-disciplined, loyal athletes and families. We value our athletes with dedication, integrity and in the development of the cheerleader both in and out of our gym.

This Program Handbook is designed to give you an idea of the requirements, financial obligations and involvement needed to participate in all-star competitive cheerleading. If you have any questions regarding information within this handbook, please feel free to contact us.

Please read this handbook in its entirety prior to tryouts!

We look forward to a great Season 4 at HCC and getting to know athletes and their families.

***HCC Coaches: Tonia Grimsley
Julie Thompson
Brenda Poythress***

Team Mom: Laura Lee Garrett

HANDBOOK OVERVIEW AND EXPECTATIONS

Please be sure you review this handbook thoroughly, and once read you will sign electronically using our Jackrabbit communication platform.

Please use this handbook FIRST when you have questions throughout the season, or you may contact the Team Mom before contacting the coaches or Mrs. Hunter.

As a program, we value not only the talent of our athletes, but the class and dignity of our athletes, coaches and families. All athletes and parents/guardians of the HCC program are bound by the policies and code of conduct within this handbook.

Parents and athletes should be aware that All-Star cheerleading will require a significant amount of time and financial commitment. Athletes in our program are asked to make HCC a priority over any other outside activities/sports. Our season lasts for approximately 12 months (June 2021 to May 2022).

Depending on any competitions we win, we may be able to attend US Finals or Summit. If any of our teams are awarded bids during competitions, it is our priority to work with those teams during extra practices before the end of our season. You will be notified as early as possible for any extra dates added.

GENERAL INFORMATION

- **ONLY** registered athletes are allowed in the gym practice area.
- Parents, siblings, friends, etc are not allowed in the practice area unless invited by the HCC coaches.
- NO food, gum or drinks besides water are permitted in the practice area.
- Choreography routines, practices or competition routines **MAY NOT** be posted on social media of any platform until approved by HCC coaches.
- ALL cell phones or other electronic devices are to be placed on silent mode and left in a designated bin on arrival to the gym. These devices will be returned at the end of practice session.
- Should an emergency occur within your family, please notify the Team Mom or HCC coach if during practice times.

HCC team names and its logo are considered proprietary, and may NOT be reprinted on any apparel or other items for distribution or sale. All items will be sold through our HCC program.

2021-2022 POTENTIAL SEASON GUIDELINES DUE TO COVID-19:

- ON ARRIVAL each athlete will have their temperature taken. If their temperature is above 100.4F they will not be allowed to enter the gym and attend practice.
- Each athlete will hand sanitizer on arrival.
- Each athlete MUST wear a personal face covering entering gym and exiting gym after practice. Should we participate in partner stunting, we will ask each athlete to wear their face covering when not able to maintain 6ft distance. We will not do extensive cardio with athletes wearing face covering.
- Each athlete MUST bring their personal water bottle or disposable sports drink. NO sodas allowed in gym. Athletes need to maintain hydration during practices.
- NO SHARING of food or drinks will be allowed between athletes while in gym.
- We ask that each athlete bring at least amount of items with them to practice.
- Each athlete should wear personal shoes into the gym in the designated area, then change into cheer shoes before entering the practice area. We hope to have disinfectant spray to use on shoe bottoms to avoid further transmission of any germs.
- Our gym heating and air units have been confirmed to have HEPA filtration in gym areas to aid in safe air quality of all athletes.

ATTENDANCE POLICY

Athletes are required to attend weekly mandatory practices, especially once choreography is done. We understand there will be times when they will not be able to attend practice, but we ask that all efforts are made each week to be present and on time.

If your child is sick with fever, flu symptoms or viruses, we ask that you do not bring your child to practice. If they do not have a fever, but feel they can attend practice, we may ask that they sit on the sidelines to avoid the spreading of germs, but will allow them not to miss any important routine changes.

If your child has an injury that prevents active participation at practice, we ask for a written note from the doctor with restrictions that we are to follow. We do ask that your child continue to attend practice to avoid missing routine changes and announcements. If your child is absent for medical reasons and unable to participate in upcoming competitions, we ask that you notify the coaches ASAP so that a substitute can fill their spot.

Absolutely NO ABSENCES allowed:

- The week before competition
- ON competition day
- For mandatory camps or events

ALL COMPETITIONS ARE MANDATORY. HCC coaches reserve the right to replace your child's spot if a competition is missed.

Please notify your HCC coaches of planned vacations and absences at the beginning of the season. We cannot guarantee that practices/clinics/choreography weekend will interfere with anyone's individual plans. HCC will inform athletes and families of scheduled events as early as allowable at the beginning of season.

ATHLETE BEHAVIOR & CONDUCT

All athletes and parents are expected to promote friendship through support, encouragement and respect. Be respectful and courteous to everyone within our gym and at all competition events.

Negativity, gossip (whether in the gym or on social media) and hostility toward another athlete, parent, other programs, or staff at HCC will NOT be tolerated. HCC coaches reserve the right to dismiss an athlete from the team if this behavior is observed.

Athletes are NOT ALLOWED to post any inappropriate pictures, language or messages on social media platforms (to include text messages, Facebook, Instagram, Twitter, group chats or Tik Tok) about another individual or program or Hunters Dance/Cheer staff. If an athlete is caught with such behavior, grounds for immediate dismissal will occur.

NO Bullying will be tolerated, either in person OR on social media, texts or group chats.

NO team videos are allowed to be posted publicly on ANY social media platform without permission of HCC coaches. ALL choreography, including dances, stunts, music, etc. should be highly protected until competition time.

COMPETITION BEHAVIOR & DRESS CODE

Athletes and parents are expected to demonstrate positive sportsmanship and behavior at all times. All program members are required to demonstrate positive support for each other, coaches, fans and judges at competition or other events attended.

Athletes and parents are asked not to approach other team athletes, parents, judges or coaching staff with negative behavior or comments.

Athletes MUST ARRIVE "mat-ready" to each competition to include uniform, shoes, bow, makeup and hair, on time And most of all a Positive attitude!!

Athletes MUST ARRIVE at least 2 hours before the scheduled time to compete at the venue. Schedules are subject to change without notice and we are not able to warm up if everyone is not in attendance. Therefore, it is always MANDATORY that you arrive at the time given to you.

ALL jewelry and nail polish must be removed. NO artificial nails are allowed and natural nails MUST be trimmed to the tip of finger.

Athletes should practice good personal hygiene and clean appearance inside and outside of practice.

Competition shoes and HCC Jersey must be worn at all times while inside the venue. IF you do not have a HCC jersey, you can cover your uniform with your HCC jacket.

ALL non-uniform items such as sunglasses, cellphones, airpods, ipads and backpacks must be put away by team meet-up time and any braces/tape needs to be applied prior to performing.

During competition months (November - May), athletes may **NOT** have any unnatural hair colors (pink,blues,greens,etc).

EVALUATION & TEAM PLACEMENTS

HCC tryouts will be held as an evaluation process for the HCC coaches to carefully assess each athlete's skills, techniques and mental mindset. This will allow the coaches to properly place your child on the team that they feel will be best for them.

We expect to have teams with different age levels and skill levels within each group. Age will not define the team your child may be placed on.

Team placement is driven by the skills that the athlete can perform within the components for certain levels. Certain skills that are shown by the athlete (tumbling, stunting, counting) are taken into consideration for mastery once the season begins. Certain tumbling skills are NOT the final determination regarding team placement.

Teams will be structured so that we are able to successfully max out the scores in all the performed skills and execution. Additional athlete attributes such as attitude, leadership, drive, overall commitment are factored into the evaluation and team placement process.

Throughout the season, and when deemed in the best interest of the athlete, team, and/or program, HCC retains the right to:

- Place the athletes on the team(s) we feel will best suit them and the program.
- Move, replace, add, suspend or dismiss an athlete for a period of time or indefinitely from the program based on criteria but not limited to: attendance, conduct, skills, finances or conflicts with other athletes and/or staff.
- Decide the roles and/or positions the athlete will have on their team.
- Request that an athlete or team take additional classes or camps to improve their skills during the season.

PROGRAM WITHDRAWAL or DISMISSAL

Should an athlete choose to leave the program at any time prior to the end of season, a 30 day notice is requested.

ANYONE threatening to quit or pull their athlete from the team at any time during the season, may automatically be dismissed from the program. Again, this is a COMMITMENT to the program and team your child is placed on.

In the event that an athlete withdraws from the program OR is dismissed at any time during the season, any fees that are due within that calendar month will be charged to your account by the last day of that month. This includes any competition fees, miscellaneous fees, pre-ordered merchandise, and/or monthly tuition charges.

Any or all Fees that are prepaid prior to an athlete withdrawing or being dismissed from the program are NON-refundable.

FINANCIAL POLICIES

Team fees are an annual financial commitment from June to May 30th of the following year OR through participation of US finals or Summit which run into the month of May.

A schedule of fees and payment due dates will be listed in this handbook. Parents and/or responsible adult parties will be asked to sign and acknowledgement of financial policies for the 2021-2022 season and will be responsible for keeping his/her athlete account current and in good standing.

Monthly tuition fees are due and will be drafted on the 5th of each month. All other cheer fees due are drafted on the date as stated on the fee schedule included. Additional fees that may be incurred include, but not limited to, travel expenses, team/individual pictures, specialty classes or clinics, or optional apparel items.

Hotel accommodations and travel expenses may occur during our cheer season. These expenses will be the responsibility of the athlete's parents and will not be placed on your cheer account. HCC is not responsible for reimbursing travel expenses to athletes or individuals in the unforeseen cancelling of events, athletes loss of skills, injury or athlete's removal from the program.

Some competitions out of town are required "Stay-to-Play", and require that ALL travelers book a specific hotel through a designated agency. Parents will be notified of these competitions in advance and will be managed through an HCC coach.

IMPORTANT: If your account is delinquent by more than 30 days, Hunters Dance/Cheer reserves the right to:

- Withhold services (i.e private lessons, classes, etc)
- Withhold uniforms, practice wear, bows, etc
- Withhold any shop or preorder apparel purchase

FUNDRAISING

During our 2021-2022 cheer season, we are planning on having several fundraisers to help with miscellaneous cheer expenses each team or athlete will need. This may change depending on COVID-19 restrictive guidelines. Each athlete and parent/guardian will be required to participate in such fundraisers that will be of benefit for their specified team and will be credited to only the athletes that participate. 10% of the gross total from EACH fundraiser will be deposited into our HCC account for each participating team.

Fundraising profits are used to help offset team specific financial costs of new uniforms, attendance fees to US Finals or Summit competitions, and items needed throughout the year.

If an athlete quits their team for whatever reason, all funds allotted for said athlete will be forfeited. No cash monies will be distributed to the athlete.

COMMUNICATION

Athletes and parents are responsible for regularly checking emails, our new website (www.hunterscheer.com), Team app (Group Me), and/or FB groups to obtain the most up-to-date information about the program, schedule, events, etc. We will also have important classes and updates on the new JackRabbit parent portal.

Any program information that is communicated should be assumed confidential to the HCC program members only unless stated otherwise by the coaches.

IF there are any questions or concerns that need attention, we ask that you use the following communication chain of command. (The coaches will need to stay focused on running practice, following USASF rules and regulations during practice, and ensuring the safety of your children).

1. Team Mom
2. Team coach
3. Gym Owner (Mrs. Hunter)

HCC will communicate primarily through the platform using "**GROUP ME**".

Once teams are established you will be notified and provided a link to join the designated parent group. This app is FREE and so far has been the easiest platform of communication within our groups. (We do ask, however, **NO** negative comments or conversations are stated within the group you are in. We ask that you keep all conversations positive and encouraging, as well as, informative to all parties involved.)

SUMMER CLINICS & CHOREOGRAPHY CAMP

It is our hope we will be able to offer summer clinics in preparation to begin our cheer season. These clinics are not mandatory but are **strongly** encouraged. We plan to offer a base/stunt clinic; flyer/stunt clinic and tumbling clinics. Dates and fees will be provided once set.

CHOREOGRAPHY camp:

*******MANDATORY*******

We will have a guest choreographer to assist us with the HCC routines for competition. We will have a mandatory weekend choreography clinic for each team where we will learn the routine and work on stunting/pyramid. It is imperative that each girl attend! The choreography clinic dates will be confirmed once tryout evaluations are done and teams are made. We estimate these camps to be within the months of July and August.

COMPETITIONS

Each team will attend 2-5 competitions. This will be based on event location and readiness of each team to compete. **Once teams are fielded, we will let you know which events your team will be attending.**

TENTATIVE competition dates and locations are as follows: (dates/times may be changed)

November

Cheersport Concord-November 13

December

Jamfest Raleigh-December 5

Cheersport Greensboro-December 11

January

NCA Concord-January 8

Spirit of Hope Charlotte-January 15 and 16

All-Star Challenge Raleigh-January 29 and 30

February

All-Star Challenge Rocky Mount-February 12

March

Encore Concord-March 5-6

Spirit Xpress Raleigh-March 6

Cheer Ltd Myrtle Beach-March 19 and 20

Possible additional competitions:

May US Finals - Virginia Beach

May D2 Summit - Florida

April/May D1 Summit (ONLY IF WE HAVE AN INTERNATIONAL TEAM)

This is tentative as all competitions have not been released yet. As soon as they have been released we will finalize the schedule. It will be finalized by October. We will not attend all competitions, these are just options we are choosing from.

Athlete Code Of Conduct

Being part of the HCC family gives our athletes a special opportunity to develop not only physical conditioning & athletic skill, but also teaches and reinforces the character traits needed for success in life.

- ★ Attendance at practice is critical. If you are going to be absent, you MUST notify your HCC coach before your scheduled practice time.
- ★ Excessive absences may result in removal from your team.
- ★ Participation in our HCC program takes precedence over ALL other extracurricular activities, Including school cheer!
- ★ Social media responsibility.....ANY negative, inappropriate, vulgar, insensitive conduct on social media by parents or athletes will result in dismissal from the HCC program.
- ★ Please leave any valuables at home or with a parent during practice and competitions. HCC is not responsible for any lost or stolen items.
- ★ No profanity or bullying will be tolerated!
- ★ NO gossip!
- ★ Only cheerleaders, team coaches and team mom are allowed in the gym during practices. No friends, siblings or parents will be allowed unless invited by the coaches.
- ★ DO NOT yell at your teammates OR try to correct a mistake made by someone other than yourself. That is the coach's responsibility!
- ★ If an issue arises between you and a teammate, the problem will be addressed by the team mom in a private setting first. If not resolved, the HCC coaches will intervene and notify parents accordingly.
- ★ You are expected to have a positive attitude during practice and to respectfully address your coaches and teammates in that manner.
- ★ You MUST understand that the team or position you are placed on is what is needed to be successful for the team and not just one element in the routine.
- ★ You MUST understand that all team, position, and routine decisions are left to the discretion of the coaches. If an athlete has a concern or opinion that conflicts with the coaches' decision, the athlete may address it with the coach outside of practice.
- ★ NO cell phones during practice. You will be asked to place them in the designated box until practice is over. IF there is an emergency, we will notify your parents accordingly.
- ★ You MUST wear appropriate cheer shoes during practice. NO flip flops, crocs, or regular tennis shoes will be allowed during practice.
- ★ MOSTLY, feel FREE to talk to one of your coaches or Team Mom about anything personal or cheer related; just remember to do it at an appropriate time and not during practice.

By signing below, I agree that I have completely read and understand all the codes of conduct listed above for the Hunters Competitive Cheer program. I agree to follow all the rules set forth by the HCC coaches. If i fail to do so in any way, I understand that I am at risk from being removed from the program. I also understand that I or my family may be dismissed from the HCC program for any violations of the rules within the handbook that has been provided for me.

Athletes printed name: _____ Date: _____

Athletes signature: _____ Date: _____

DIVAS

Date	Charge	Amount
	June 2021	
6/5/2021	Annual Registration	\$35.00
6/5/2021	June Tuition	\$40.00
6/5/2021	Uniform Down Payment	\$100.00
	July 2021	
7/5/2021	Choreography Camp	\$50.00
7/5/2021	July Tuition	\$40.00
7/5/2021	Practice Wear	\$100.00
	August 2021	
8/5/2021	Bookbag and Bow	\$140.00
8/5/2021	USASF	\$35.00
8/5/2021	August Tuition	\$40.00
	September 2021	
9/5/2021	September Tuition	\$40.00
9/5/2021	Competition Gift Fees	\$20.00
9/5/2021	Balance on Uniform	\$100.00
9/5/2021	Team Jersey (new girls only)	\$70.00
	October 2021	
10/5/2021	October Tuition	\$40.00
10/5/2021	Competition Fee	\$100.00
10/5/2021	Music Fee	\$50.00
	November 2021	
11/5/2021	November Tuition	\$40.00
11/5/2021	Competition Fee	\$100.00
	December 2021	
12/5/2021	December tuition	\$40.00
	January 2022	
1/5/2022	January tuition	\$40.00
1/5/2022	Coaches Fee	\$25.00
	February 2022	
2/5/2022	February tuition	\$40.00
2/5/2022	Competition Fee	\$100.00
	March 2022	
3/5/2022	March Tuition	\$40.00
3/5/2022	US Finals/Summit gifts & fees	TBD
	April 2022	
4/5/2022	April Tuition	\$40.00
	May 2022	
5/5/2022	May tuition	\$40.00

****Other Fees will be listed below all fee sheets****

SPARKLE

Date	Charge	Amount
	June 2021	
6/5/2021	Annual Registration	\$35.00
6/5/2021	June Tuition	\$50.00
6/5/2021	Uniform Down Payment	\$200.00
	July 2021	
7/5/2021	Choreography Camp	\$80.00
7/5/2021	July Tuition	\$50.00
7/5/2021	Practice Wear	\$100.00
7/5/2021	Team Jersey (new athletes only)	\$70.00
	August 2021	
8/5/2021	Bookbag and Bow	\$140.00
8/5/2021	USASF	\$35.00
8/5/2021	August Tuition	\$50.00
8/5/2021	Music fee	\$50.00
	September 2021	
9/5/2021	September Tuition	\$50.00
9/5/2021	Competition Gift Fees	\$20.00
9/5/2021	Balance on Uniform	\$200.00
	October 2021	
10/5/2021	October Tuition	\$50.00
10/5/2021	Competition Fee	\$100.00
	November 2021	
11/5/2021	November Tuition	\$50.00
11/5/2021	Competition Fee	\$100.00
	December 2021	
12/5/2021	December tuition	\$50.00
	January 2022	
1/5/2022	January tuition	\$50.00
1/5/2022	Coaches Fee	\$25.00
	February 2022	
2/5/2022	February tuition	\$50.00
2/5/2022	Competition Fee	\$100.00
	March 2022	
3/5/2022	March Tuition	\$50.00
3/5/2022	US Finals/Summit gifts & fees	TBD
	April 2022	
4/5/2022	April Tuition	\$50.00
	May 2022	
5/5/2022	May tuition	\$50.00

****Other Fees will be listed below all fee sheets****

BLUSH & HEAT

Date	Charge	Amount
June 2021		
6/5/2021	Annual Registration	\$35.00
6/5/2021	June Tuition	\$80.00
6/5/2021	Uniform Down Payment	\$100.00
6/5/2021	Choreography	\$200.00
July 2021		
7/5/2021	July Tuition	\$80.00
7/5/2021	Practice Wear	\$100.00
7/5/2021	Music Fee	\$50.00
7/5/2021	Uniform Down Payment	\$250.00
August 2021		
8/5/2021	August Tuition	\$80.00
8/5/2021	Competition Hair Piece/Bag	\$140.00
8/5/2021	Uniform Remaining Balance	\$215.00
September 2021		
9/5/2021	September Tuition	\$80.00
9/5/2021	USASF	\$35.00
9/5/2021	Competition Fee	\$100.00
October 2021		
10/5/2021	October Tuition	\$80.00
10/5/2021	Competition Gifts	\$20.00
10/5/2021	Competition Fee	\$100.00
November 2021		
11/5/2021	November Tuition	\$80.00
11/5/2021	Competition Fee	\$100.00
December 2021		
12/5/2021	December tuition	\$80.00
January 2022		
1/5/2022	January tuition	\$80.00
1/5/2022	Coaches Fee	\$25.00
1/5/2022	Competition Fee	\$100.00
February 2022		
2/5/2022	February tuition	\$80.00
2/5/2022	Competition Fee	\$100.00
March 2022		
3/5/2022	March Tuition	\$80.00
3/5/2022	Competition Fee	\$100.00
3/5/2022	US Finals/Summit gifts & fees	TBD
April 2022		
4/5/2022	April Tuition	\$80.00
4/5/2022	Summit/Finals Fees	TBD
May 2022		
5/5/2022	May tuition	\$80.00

****Other Fees will be listed below all fee sheets****

BLUSH & HEAT **CROSSOVERS**

Date	Charge	Amount
	June 2021	
6/5/2021	Annual Registration	\$35.00
6/5/2021	June Tuition	\$90.00
6/5/2021	Choreography	\$300.00
	July 2021	
7/5/2021	July Tuition	\$90.00
7/5/2021	Music Fee	\$75.00
7/5/2021	Practicewear	\$135.00
	August 2021	
8/5/2021	August Tuition	\$90.00
8/5/2021	Competition Hair Piece/Bag	\$140.00
	September 2021	
9/5/2021	September Tuition	\$90.00
9/5/2021	USASF	\$35.00
9/5/2021	Competition Fee	\$150.00
	October 2021	
10/5/2021	October Tuition	\$90.00
10/5/2021	Competition Gifts	\$40.00
10/5/2021	Competition Fee	\$150.00
	November 2021	
11/5/2021	November Tuition	\$90.00
11/5/2021	Competition Fee	\$150.00
	December 2021	
12/5/2021	December tuition	\$90.00
	January 2022	
1/5/2022	January tuition	\$90.00
1/5/2022	Coaches Fee	\$25.00
1/5/2022	Competition Fee	\$150.00
	February 2022	
2/5/2022	February tuition	\$90.00
2/5/2022	Competition Fee	\$150.00
	March 2022	
3/5/2022	March Tuition	\$90.00
3/5/2022	Competition Fee	\$150.00
3/5/2022	US Finals/Summit gifts & fees	TBD
	April 2022	
4/5/2022	April Tuition	\$90.00
4/5/2022	Summit/Finals Fees	TBD
	May 2022	
5/5/2022	May tuition	\$90.00

Other Fees

The items and amounts listed on this schedule do NOT include other expenses such as:

* Competition makeup. \$10-\$20

*Cheer Shoes

*Athlete/family travel to and from competitions

*Optional gear such as proshop items, tshirts, shorts, etc

*Tumble classes or specialty clinics and private lessons

*US FINALS registration fees

*Summit fees

Bid Events

We will be competing to earn bids to US Finals in Myrtle Beach and The Summit in Florida. In the event that a bid is awarded one of these by invitation only, applicable fees will be due at time acceptance of bid/invitation.